

A Gathering of Women



Inside of each woman, there is always hope of a better life for her family

Join our Women's Circle

Open Group

All Women Welcome!

An 8-week series starting March, 2010

**Mondays at 1:30PM to 3:30PM in: 1st Floor Conference Room
Enjoyment & Education! This is an open group! Please Join us!**

- *Introduction, Talking Circle, Women's Connection*
- *Nutrition / Body Movement*
- *Dental Information/Education*
- *HIV-STD'S Prevention*
- *Self-Esteem: guest speaker*
- *More Education on HIV/AIDS*
- *Substance Abuse Prevention / Handcrafts*
- *Generosity & Gratitude - Certificates of Participation for attending 6 out 8.*

Presented by FCGC - Native American Health Center
3124 International Blvd. Oakland, CA 94601
If you have any questions, please contact
Kitty or Nina @ 510 434 5421

